

September 15, 2022

Letter from
the Board

Join a
Committee

Art Therapist
Experiences

GAC Update and
Scholarship Spotlight

Events

FATA Newsletter

Florida Art Therapy Association

WELCOME
TO THE FALL
NEWSLETTER!

See What's Inside!



Welcome to our fall newsletter! Read about our latest accomplishments since May and upcoming events that you can volunteer and support.

A LETTER FROM THE BOARD

Dear FATA members,

Did you know the FATA Board election is next month?! New Board members will be appointed for the next two-year cycle.

Want to feel more connected with FATA? Have great ideas for the future of FATA? Enjoy bringing people together and building community, especially for art therapists? Consider being a FATA Board member. We are currently seeking a secretary, treasurer, a president-elect, and president. On **October 13th at 7pm** we will be holding an **all-member meeting** where we will be presenting the nominees for the 2023-2025 Board. Look out for the link/email to vote.

Seeking FATA Board members:

President: The president facilitates meetings for FATA, meetings for the board, and membership. Attend, approve and support The special assignments/projects, fill vacancies occurring between elections. The President will coordinate and consult the board in making decisions on behalf of FATA such as disbursements by the treasurer and beyond.

President-Elect: The President-Elect performs the duties of the President in the President's absence or inability to serve and supports the President's duties and functions. The President-Elect assumes the office of the President at the end of the President's term.

Secretary: The secretary handles official correspondence as requested by the President and the Executive Board. This includes taking minutes, sending communications about upcoming board meetings, and keeping record of important files such as the chapter Bylaws.

Treasurer: The Treasurer manages the finances of FATA. The treasurer helps manage the budget and reports on FATA's income and expenses at each meeting.

We invite you to get engaged!

Florida Art Therapy Association

JOIN A COMMITTEE!

Membership

The Membership Committee organizes and directs the recruitment of members for FATA keeps the membership directory updated. They help plan activities for the FATA membership and keep the Membership informed about the activities happening around Florida.

Governing Affairs Committee

The Governmental Affairs Committee monitors the state and national legislation relevant to FATA's purpose and objectives. The committee works closely with AATA and assist in the collection and dissemination of legislative information. Currently, the committee is engaged in efforts to established an art therapy license for professionals practicing in the state of Florida.

Multicultural and Social Justice Committee

The Multicultural and Social Justice Committee consists of a diverse group of art therapists dedicated to advocating for racial and social equity for art therapists and the communities art therapists serve. The committee supports fair treatment, access, advancement, and opportunity for Black, Indigenous, and people of color (BIPOC), immigrants, the LGBTQIA+ community, and honors the intersectionality of race, gender, sexual orientation, and class. The committee aims to distribute information and educational resources to FATA members and the community on the issues of systemic racism and social injustices.

Social Media and Website Management

The Social Media and Website Management Committee oversees the primary social media outlets (Website, Facebook and Instagram). The content produced by this committee is a representation of the organization of FATA, its activities, and advocacies.

Scholarship Committee

The Scholarship Committee is dedicated to planning and organizing scholarships for FATA which includes creating scholarship applications, facilitating interviews and following through with applicants and recipients. The committee collaborates with the FATA board for distribution of funds.

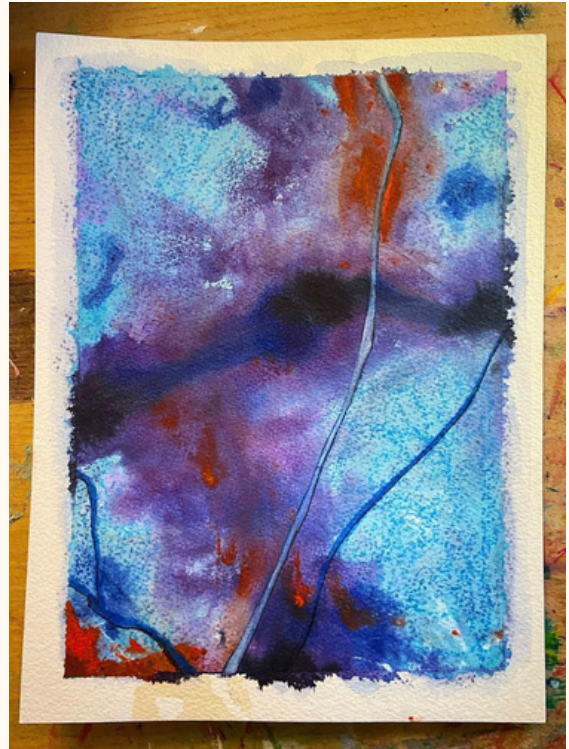
FATA ART THERAPISTS' EXPERIENCES

"This watercolor was created during a workshop with the theme of 'house/home'.

After completing the painting I also did a written response:

Moving forward
Away or full circle
We will thrive, and
A very tiny part of us will
Burst into life."

**Kelly L. Burns, ATR-BC,
LMHC-QS**

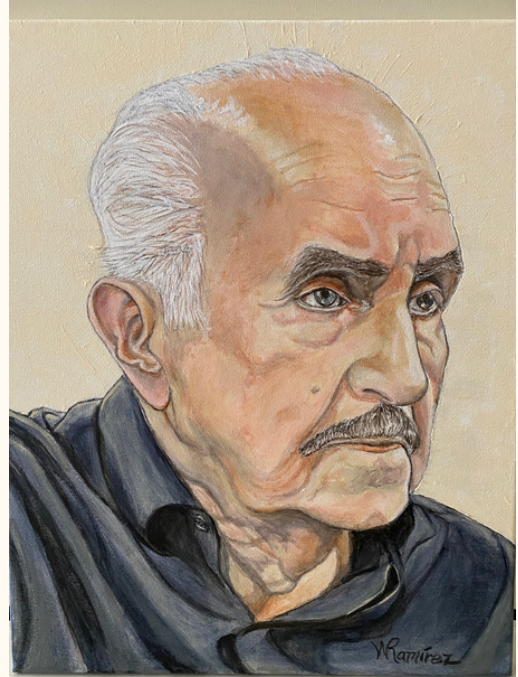


"Nature has become a representation of my development through my life experiences. These small drawings of plants allow me to be mindful of my own personal, professional, and creative journey and all that I'm learning along the way. It's a reminder to embrace the journey; the destination will come in its time."

**Nicole M. Rivero, MS, RMHCI,
ATR-P**

FATA ART THERAPISTS' EXPERIENCES

"It was on a tropical evening in Puerto Rico, in June, 1961, the first time I heard the term "art therapy". My mother and I were discussing my scholarship to the Fine Arts Graduate Program at the University of Pennsylvania and the Academy of Fine Arts. She told me that she read about "artists and therapists" using art to help people and they call it art therapy, this would be a wonderful thing to do as a career." I was only 20 years old and had just earned my BA degree Art from Inter American University in Puerto Rico. I was also playing semi-pro baseball in Puerto Rico, and I had a choice to make; either accept the scholarship or pursue a possible career in baseball. I hung up my cleats. (It was doubtful that the New York Yankees would offer me a contract).



My mother's prophetic words later triggered my search for art therapy, art, and other related career paths and along the way I completed a second master's degree in rehabilitation counseling in 1971 at the University of Wisconsin. Over the following 59 years, my professional career resembled my grandmother's quilt, a patchwork of professional positions, all held together with the stitchwork threads of art: several art therapy positions, including Director of the Art Therapy Department of the Milwaukee Psychiatric Hospital; college counselor; instructor, establishing and teaching the first art therapy graduate and undergraduate courses at the University of Wisconsin and first undergraduate art therapy courses at Mount Mary University; Pennsylvania State Director for, Arts and Special Education; Superintendent of Robinson School, a college preparatory school in Puerto Rico and Principal of Antilles School in US Virgin Islands (USVI); Assistant Director of Special Education, and Supervisor of Vocational and Transitional Services for the USVI; and several art and English as a second language teaching positions in public schools. I hold Honorary Life Membership in the Wisconsin Art Therapy Association (as the founding president of the first Art Therapy Association established in the United States), as well as the Florida and Puerto Rico Art Therapy associations. I also received the "2014 Distinguished Pioneer Award" from AATA. Now that I am 81 years old, I have returned to where I started being an artist. I have been fortunate to have had my paintings accepted at local, state, regional, national and international juried art exhibitions and I have won several awards. I hope that the images that I am sharing of some of my paintings reflect my worldview. Being the product of two different cultures, born in the United States and being of Puerto Rican ancestry, has had its challenges. Dubbed a "Neo Rican", I wonder if there is a Neo Rico. There are moments during sunset and a certain glow, just beyond the horizon, as the sun melts into the ocean, I believe that I capture a glimpse of it, and I recall my mother's words...' using art to help people...'"

Wayne Ramirez, MFA, MS, ATR-R

FATA ART THERAPISTS' EXPERIENCES

Dan Anthon, MA, ATR-BC, LCPC

Florida Art Therapist Self-publishes a Poignant Memoir.

The Magic Carpet Ride has a singular voice, the voice of a seasoned art therapist. His practice spanned more than thirty years including ten years as a part-time instructor at the School of the Art Institute of Chicago. The reader is treated to a real-life journey into the very heart of creative expression. Dan Anthon's richly illustrated volume, with over four hundred images, mostly his own, speaks directly to an array of audiences at exactly the same moment. The student in a formal art therapy training program will resonate with how the skill they are learning is applied with the precision of an adept musician. The seasoned art therapist can rediscover the soul of what drove them to the field, and how to place their own creative process at the heart of their practice. He demonstrates the subtle power of listening through the artist's lens. But this labor of love, as he describes it, offers anyone interested in a creative life new and valuable insight.

Available in Over-sized paperback directly from the author:

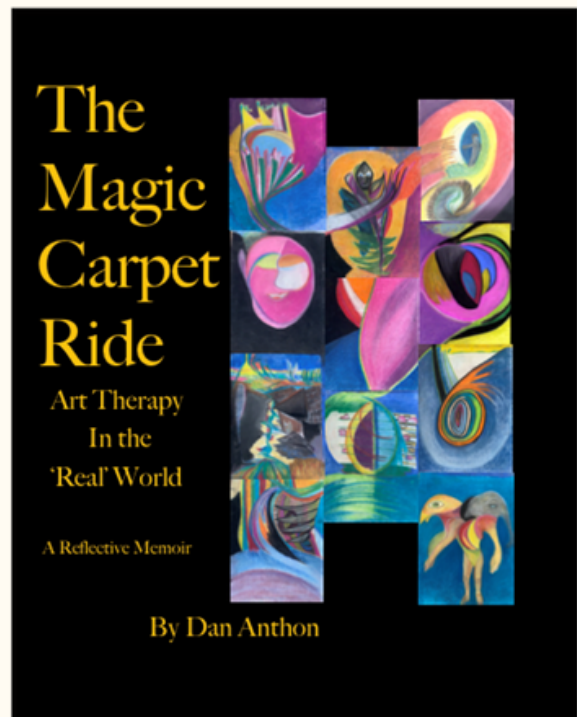
\$34.99 + \$5 shipping = \$39.99

Contact Dan Anthon directly for payment options:

danthon1@yahoo.com

Also available as an eBook at the Apple Store for IOS only.

\$24.99 <http://books.apple.com/us/book/id1624144969>



FATA ART THERAPISTS' EXPERIENCES

"Even on a return trip from nature, society's burdens can make us heavy again. Anxieties can be soothed by making a 'nature return trip.' This trip is not in person, but simply accepting where we are... sitting in the living room bored or trapped under the porch during the pouring rain. Think back to making art in nature.

Draw what you can see, now. Use your favorite materials like calligraphy pen, watercolor. Invite yourself to revisit all your senses. Sit back and write a reflective poem. Taking this pause builds a mindfulness practice. Grounding back to nature invites a moment of tranquility. And. Moments. Matter."

"Armor Crumbled"

Feeling so distraught
She found herself wandering
Amongst dried grasses and
Burnt offerings
Hot and dry after monsoon rains
But nothing in sight to sustain.

A yearning to make justice
Nature could be the balm
To make sense of this she felt quite drawn
No thinking could contain
What she most desperately needed
Roots cradle through sand seated.

Armor crumbled on earth's floor
Vulnerable thoughts much deplored
To rid magnetic negativity
Bark-lined forms into clarity
For two trees standing alone
Fires, embers, char can atone.

Her suffering fuels the return trip
Sitting scattered amongst the dirt
Sticks, leaves, pines lifting
Now nestled together within the roots
All gathered snugly entwined as one
For we had been together all along.



GOVERNMENT AFFAIRS COMMITTEE UPDATE

Licensure Efforts



FATA has also been able to continue to support the Government Affairs Committee's efforts with licensure.

Numerous FATA members scheduled meetings with their local representatives to advocate for art therapy licensure in Florida. Those members received a FATA folder to share with their representative that included tailored educational material about the importance of art therapy licensure for the state. A big thank you to all those members who have helped with these efforts! If you haven't yet met with your representative, email us at floridaarttherapygac@gmail.com to learn how you can support art therapy licensure!

SPOTLIGHT ON SCHOLARSHIP WINNERS

Scholarship Award

FATA recently awarded 2 scholarships for the 53rd Annual American Art Therapy Association Conference. We awarded one professional member, Andrea Sutrick and one student member, Delaney Bend. The FATA Board was pleased to be able to award these two members with the scholarships and hope they have a great time in Minneapolis!

Andrea Sutrick MA, MBA, ATR-BC, LMHC, NCC

"I am excited to receive FATA's professional member scholarship to attend AATA's 53rd Annual Conference in Minneapolis! I look forward to being immersed with other art therapy professionals. I have signed up for many topics including the ETC, defining purpose, narrative AT, trauma centering, family systems with Soul Collage, and working remotely with clients."



SPOTLIGHT ON SCHOLARSHIP WINNERS

Delaney Bend, Art Therapy Student

"I'm honored to receive the student conference scholarship and I am eternally grateful for this opportunity. I attended my first AATA Conference in 2018, during my last year at University of Tampa as an Art Therapy undergraduate student, and I'm beyond excited to attend this year's AATA conference during my last year of the Art Therapy graduate program at Southwestern College. I believe the similarities to be nothing less than synchronicity- a term I was linguistically unaware of before I began my AT journey at SWC, and I can't wait to experience the conference with the alternative perspectives and knowledge I accumulated throughout my Master's experience. I'm looking forward to learning about the latest Art Therapy research, specifically regarding the neurobiological effects of trauma. Lastly, I can't begin to express with words how excited I am to be a collaborative research partner of 'Art Space Reimagined' with Dana Fidler, Rene Buono, and Dr. Joe Scarce; I am ecstatic to have the opportunity to see work that I have contributed to come to fruition and be presented at the American Art Therapy Association Conference, it's truly a dream of mine coming to life."



FATA PAST AND FUTURE EVENTS

June 26, 2022

The Florida Art Therapy Association continues to be on a mission to educate communities on how Art Therapy can support the journey to their healing. On June 26, Florida Art Therapy Association's Multicultural and Social Justice Committee collaborated with The Bass Museum in Miami Beach. We were honored to collaborate together to commemorate the one year anniversary of the collapse of the Champlain Towers South in Surfside. Art Therapy open-studio and closed guided art therapy groups inside the museum! It took a dedicated team of art and music therapists all sharing their time and expertise to create a healing space for the Surfside and Miami Beach community. Art Therapy open-studio and closed guided art therapy groups inside the museum!



October 1, 2022

The Florida Art Therapy Association is offering a FREE art therapy & grief virtual workshop in collaboration with Empath Health. In this 2-hour workshop, participants will learn about processing grief with clients/patients, how it affects the mind, body, and spirit, art therapy interventions for grief, and much more! 2 CEU's will be offered at this event. This event will be taking place virtually on Saturday, October 1, 2022, from 10:00am-12:00pm EST. Please click on flyer below for more information to register for the event.



October 13, 2022

October 13th at 7pm FATA will be holding an all-member meeting where we will be presenting the nominees for the 2023-2025 Board. Look out for the link/email to vote.

Please join us!

FATA PAST AND FUTURE EVENTS

November 9-13, 2022

We are excited about the American Art Therapy Association's 53rd Annual Conference to be held in Minneapolis, MN, November 9 – 13, 2022! The core conference program will take place Thursday, November 10th through Saturday, November 12th. Pre-Conference, All-Day Optional Advanced Practice Courses, and Ancillary Meetings, such as the Assembly of Chapters (AoC) and the Coalition of Art Therapy Educators (CATE) meetings, will be held on Wednesday, November 9th. Post-Conference Half-Day Optional Advanced Practice Courses will be held on Sunday, November 13th from 8 to 11am CT.

March 18, 2023

All People's Day is a holiday created by a FATA Multicultural & Social Justice Committee member art therapist, Susan Berkowitz-Schwartz MPS, ATR-BC. The FREE 14th annual All People's Day Diversity Festival will be Sat. March 18, 2023, from 11AM to 3PM in Delray Beach. The festival connects people from different cultural and issues-based groups through the arts. The hands-on art projects created by Susan for the general public feature positive ways to view issues of race, culture and peace, so important at this time. There will be 15 diverse performances and 50 nonprofit and selling booths, plus free food from a variety of cultural restaurants.

Susan and the Multicultural & Social Justice Committee are inviting FATA art therapists to volunteer for one of their art projects, participate with their own booth, or just come and enjoy. Contact susan@allpeoplesday.org and check out the website: <http://www.allpeoplesday.org>.



From the American Art Therapy Association:

" If you are an AATA Voting Member, you have the chance to shape the future of the American Art Therapy Association! The 2022 election period opened on September 12, 2022, at 7:00 am ET, and ends on October 12, 11:59 pm ET. An email from Association Voting with the subject line "Cast Your Vote in the 2022 American Art Therapy Association Election" "

For any questions, please contact info@arttherapy.org and/or phone (888)-290-0878

Thank You!

Thank you FATA members, FATA board, and committee chairs for your participation in FATA.

We appreciate you!

Connect with us!



@floridaarttherapy



Florida Art Therapy Association



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